

SRHC Return to Training Map

“get in, train, get out”



LEGEND

- Training Area
- Meeting/drop off point
- Parking Areas

BEFORE ARRIVING

- Know your parking area, meeting location/group and training times
- Be dressed ready to train and wash your hands

ARRIVING

- Arrive no more than 10 minutes before your scheduled time
- Register with the coach/manager
- Keep 1.5m away from others

DURING TRAINING

- Follow all coaches' instructions
- Keep 1.5m away from others
NO TACKLING
- Sanitise hands when instructed
- No socialising with other groups

LEAVING

- Wash or sanitise hands
- Go straight to your vehicle and leave the grounds
- Keep 1.5m away from others