

Information per Categorie

Hawkin2H

- 7 a side
- Quarter field, cones marking the goals
- Score from within a 10m area in front of the goals (marked with cones)
- Max of 2 adults per team to be on the field at any one time
- No hitting allowed. Safe and flat controlled slap hits or reverse hits are ok (umpire decides)
- No overheads
- No short corners, free hits should be taken on the "10m" line
- Long corners be taken on the "10m" line perpendicular to the point where the ball left the field over the baseline
- Home named team supplies one umpire
- All games will start and end on the scheduled time
- 25 minutes per half, 5 min half time and a 5 minute changeover
- No time stoppages, if the game is delayed for any reason, you play less time

Juniors

- 7 a side
- Half field, full goals
- No hitting allowed. Safe and flat controlled slap hits or reverse hits are ok (umpire decides)
- No overheads
- No short corners, free hits should be taken on the "25m"
- Long corners be taken on the "25m" perpendicular to the point where the ball left the field over the baseline
- One umpire will be provided per game
- All games will start and end on the scheduled time
- 25 minutes per half, 5 min half time and a 5 minute changeover
- No time stoppages, if the game is delayed for any reason, you play less time

Summer Hockey Competition Rules



Mixed Seniors

- 7 a side
- Half field, full goals
- Min of 3 Women on the field
- No hitting allowed. Safe and flat controlled slap hits or reverse hits are ok (umpire decides)
- Overheads are permitted, subject to umpire discretion
- No short corners, free hits should be taken on the "25m". If there is a goalkeeper play a one on one from the center line
- Long corners be taken on the "25m" perpendicular to the point where the ball left the field over the baseline
- One umpire will be provided per game
- All games will start and end on the scheduled time
- 25 minutes per half, 5 min half time and a 5 minute changeover
- No time stoppages, if the game is delayed for any reason, you play less time

Masters Over 35 Women's (changed into "open age") & Over 40 Men's

- 7 a side
- Half field, full goals
- Max of 2 under 40 players for Men's team
- No hitting allowed. Safe and flat controlled slap hits or reverse hits are ok (umpire decides)
- Overheads are permitted, subject to umpire discretion
- No short corners, free hits should be taken on the "25m". If there is a goalkeeper play a one on one from the center line
- Long corners be taken on the "25m" perpendicular to the point where the ball left the field over the baseline
- One umpire will be provided per game
- All games will start and end on the scheduled time
- 25 minutes per half, 5 min half time and a 5 minute changeover
- No time stoppages, if the game is delayed for any reason, you play less time

More information about the 2018-2019 Summer Competition please contact our facilities manager:

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