

## 1) Team Composition:

- a. A minimum of three (3) women per team to be on the field at any given time, unless by agreement with the opposing team.

## 2) Team uniforms:

- a. Each team will be required to nominate a shirt colour.
- b. If there is a clash of shirt colours, the first named team is required to wear a contrasting colour.

## 3) Match conditions:

- a. Matches will be played on half a field.
- b. Playing time is two halves of twenty-five (25) minutes with a 5 min half time interval.
  - If teams are not ready to start on time, clock will be started, subject to the discretion of the umpires.
  - Time will not be stopped at any point during the game. If the game is delayed for any reason, you play less time.
- c. If the match conditions become "unplayable" during the match in the opinion of the umpires, in agreement with both teams, the game may be abandoned.
  - If the game is abandoned after the game has commenced, the score at the time of abandonment shall stand.
- d. Teams will be made up of seven (7) fieldplayers or six (6) fieldplayers and one goalkeeper.

## 4) Scoring a Goal:

- a. Score from within the marked circles.
- b. Scoring only below backboard height, unless deflected.

## 5) Start after a Goal:

- a. The game will restart with the conceding teams' possession with taking the ball from the "imaginary" center line.

## 6) Raised Balls

- a. Players must not intentionally raise the ball from a hit except for a shot at goal. A raised hit must be judged explicitly on whether or not it is raised intentionally. It is not an offence to raise the ball unintentionally from a hit, including a free hit, anywhere on the field unless it is dangerous.

- b. Overheads are permitted, subject to umpire discretion.
- c. Shots on goal must be below backboard height, unless deflected.

## 7) Tackles/diving

- a. Slide tackles will not be permitted under any circumstances.
- b. Diving for the ball will be permitted, unless it is dangerous.

## 8) Goalkeepers

- a. Teams can choose if they prefer to play with a goalkeeper.
- b. If you are not playing with a goalkeeper, seven (7) fieldplayers are allowed.

## 9) Hitting

- a. Females are permitted to hit the ball, anywhere in the field of play.
- b. Males are only allowed to slap the ball, anywhere in the field of play, unless it is a flat, safe controlled hit or reverse hit (subject to umpire discretion).

## 10) Short Corners

- a. Short corner will not be played, unless in agreement with both teams to take a one on one with the goalkeeper starting from the center line. Free hits should be taken on the "25m".

## 11) Penalty Strokes

- a. Penalty strokes will not be played. If a penalty stroke is awarded, the umpire will signal the penalty stroke, and then immediately signal a goal.

## 12) Warning Cards

- a. This is a social competition. The use of warning cards will not be taken lightly.
- b. All players receiving a yellow card will have their names recorded by the umpires. This list will be available at the organisation.
  - Any player that receives a total of two (2) yellow cards over the course of the Summer Competition will be suspended for two (2) weeks.
  - Players frequently receiving yellow cards may be disciplined further.
- c. Any players receiving a red card will have their names recorded by the umpires. This list will be available at the organisation.

- Any player that receives a red card will be suspended for a minimum of two (2) weeks.
- Any player that receives a second red card over the course of the Summer Competition will be banned from participating in any competition at SRHC that season.

## 13) Player conduct

- The Summer Competition is a social competition; all players are expected to play in a manner befitting the intent of the competition.
  - Unsportsmanlike behaviour and poor sportsmanship will not be tolerated.
- Any cases of misbehaviour will be referred to the Competition Organisation for investigation and findings.
  - Persons under investigation for misconduct will not be allowed to participate until the investigation is completed.

**Comment: Further normal hockey rules apply, more information:**

<http://www.fih.ch/media/12236728/fih-rules-of-hockey-2017.pdf>

## 14) Results, ladders & finals

- The results of all matches will NOT be recorded due it is a social competition.

## 15) Forfeits

- If a team intends to forfeit their fixture, no less than three (3) days notice is required in writing to the opposition team and the organisers.
  - All team captains/managers details are available on the fixture sheets.
- Failure to give three (3) days notice will result in the match fee for that game being levied against the forfeiting team.
- If less than 24 hours' notice is given, a further fee of \$40 will be charged.

## 16) Cancellation due extreme weather conditions

- Games may be cancelled, in the interests of player and official safety.
  - Any cancellation decision will be made at 3.30pm, following the advice of the Bureau of Meteorology.
  - All team captains/managers will be informed by phone call and email. Notification will be made on the SRHC website and social media (facebook).

## **17) Situation not covered by these Rules**

a. Any situation not provided for explicitly in these rules shall be referred to Southern River Hockey Club and determined in conjunction with the rules established by Hockey WA, or in conjunction with the rules contained within the Hockey Australia Championships Operation Manual.